

Rotationsenergie

$$\tilde{\epsilon}_{\text{kin}}^{\text{rot}} = \frac{1}{2} \sum_i m_i \vec{v}_i^2$$

$$= \frac{1}{2} \sum_i m_i (\vec{\omega} \times \vec{r}_i)^2$$

oder $= \frac{1}{2} \int (\vec{\omega} \times \vec{r})^2 dm$, $dm = g dV$

$$= \frac{1}{2} \int \begin{pmatrix} \omega_y z - \omega_z y \\ \omega_z x - \omega_x z \\ \omega_x y - \omega_y x \end{pmatrix}^2 dm$$

$$= \frac{1}{2} \int [(\omega_y z - \omega_z y)^2 + (\omega_z x - \omega_x z)^2 + (\omega_x y - \omega_y x)^2] dm$$

$$= \frac{1}{2} \int [z^2 \omega_y^2 - 2yz \omega_y \omega_z + y^2 \omega_z^2 + x^2 \omega_z^2 - 2xz \omega_x \omega_z + z^2 \omega_x^2 + y^2 \omega_x^2 - 2xy \omega_x \omega_y + x^2 \omega_y^2] dm$$

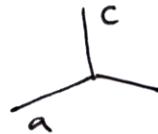
s.o. $= \frac{1}{2} [\Theta_{xx} \omega_x^2 + \Theta_{yy} \omega_y^2 + \Theta_{zz} \omega_z^2 - 2\Theta_{xy} \omega_x \omega_y - 2\Theta_{yz} \omega_y \omega_z - 2\Theta_{xz} \omega_x \omega_z]$

$$= \frac{1}{2} \vec{\omega} \cdot \underline{\underline{\Theta}} \cdot \vec{\omega}$$

$$\boxed{\tilde{\epsilon}_{\text{kin}}^{\text{rot}} = \frac{1}{2} \vec{\omega} \cdot \vec{L}}$$

Die Flächen konstanter Energie $E_{\text{kin}}^{\text{tot}}$,
 dargestellt im $\vec{\omega}$ -Raum,
 sind Ellipsoide

bedeutet klar, falls $\underline{\underline{\Theta}}$ diagonal



$$\begin{aligned}
 E_{\text{kin}}^{\text{tot}} &= \frac{1}{2} \underline{\underline{\Theta}} \underline{\underline{\omega}} \\
 &= \frac{1}{2} (\Theta_a \omega_a^2 + \Theta_b \omega_b^2 + \Theta_c \omega_c^2) \\
 &= \frac{1}{2} \left(\frac{\omega_a^2}{\Theta_a} + \frac{\omega_b^2}{\Theta_b} + \frac{\omega_c^2}{\Theta_c} \right)
 \end{aligned}$$